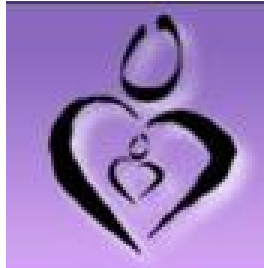


**The MISS Foundation  
and  
The Green Goddess Healing Shop  
Presents:  
“Surviving the Holidays”  
Workshop/Support Group**



[www.missfoundation.org](http://www.missfoundation.org)

***Each Sunday from November 14, 2010 to January 3, 2011  
2pm to 4pm***

***Located at The Green Goddess Healing Shop***

[www.greengoddesshealingshop.com](http://www.greengoddesshealingshop.com)

***1624 E McDowell RD***

***Phoenix AZ***

***FREE EVENT***

The workshop will be teaching healthy ways to deal with grief through such things as Meditation, Random Acts of Kindness, Rituals, Journaling, Aromatherapy and other holistic approaches. With the permission of author and MISS member Kara Jones we will also be utilizing her “Surviving the Holidayze”.

[www.motherhenna.com](http://www.motherhenna.com).

We hope by providing this workshop/support group that you are able to connect with others who understand the complications that the holiday season adds to your grief. It is a safe place to learn and share with others who understand how you feel.

***Thanks so much,  
Peace and Love  
Michele Newton, MISS Facilitator  
Merihelen Nunez, Owner, Green Goddess Healing Shop***