

The background is a deep purple with faint, repeating outlines of hearts and broken hearts. In the upper left, there are several large, solid red hearts with thick black outlines. One of these hearts is broken, with a jagged crack running through it. To its right are several smaller red hearts, some of which are also broken. On the right side of the cover, there is a vertical strip with a different pattern, featuring a purple and white floral or abstract design, and a portion of a red heart with a pink-to-red gradient.


Exploring Mindful Grief:

*A Journey for Families
and Professionals*

September 2, 3 & 4, 2010
Fiesta Resort, Tempe, Arizona

THE MISS FOUNDATION 2010 CONFERENCE

M.I.S.S. Foundation



"Surrender to the grief
and it will guide you to peace."

-Dr. Joanne Cacciatore

"The time came when the risk to
remain tight in the bud became more
painful than the risk it took to blossom."

-Anais Nin



Exploring Mindful Grief:

*A Journey for Families
and Professionals*

September 2, 3 & 4, 2010
Fiesta Resort, Tempe, Arizona

THE MISS FOUNDATION 2010 CONFERENCE

M.i.s.s. Foundation



Table of Contents

Conference Committee	3
Touchstone Guides	4
Kids' Kamp Schedule	5
Conference Schedule Overview	6-7
Session Descriptions & Presenter Biographies	8-29
IN CHRONOLOGICAL ORDER	
<i>Thursday, September 2</i>	8-15
<i>Friday, September 3</i>	16-21
<i>Saturday, September 4</i>	22-29
<i>Sunday, September 5</i>	29
Meet the Artist	30
Silent Auction and Raffle	31-33
Special Thanks	34
Exhibitors and Vendors	35
Rising Phoenix Awards	36
Continuing Education	37
Conference Policies	38

Conference Committee



Kathy Sandler, MSW	Conference Chair
Ann Freidenreich, MSW	Conference Co-Chair
Dr. Joanne Cacciatore	Schedule/Faculty Phoenix Awards
Jimmy Carruthers	Photography/Videography
Bailey DeGraff	Design
Pam DeGraff	Grandparent Committee
Dr. Melissa Flint	Continuing Education
Kara Jones	Conference Artwork Touchstone Guides Communication
Robin Kennedy	Volunteers – Grandparent Committee
Sue Ann Kunberger	Silent Auction
Shannon LaRance, MSW	Scholarships Slide Show Presentations Music
Kelly Livreri	Marketing
Gary McSpadden	Conference Website
Jenny McSpadden	Registration
Kris Olmon	SW!TCH Studio Graphic Design
Michele Newton	MISS Store
Kim Parrish	Continuing Education
Debbie Sickels	Silent Auction
John Romero	Memorial Service
Diana Romero	Memorial Service
Ben Sieff	Vendors/Exhibitors Hospitality
Sara Steffen, MSW	Kids Kamp
Dana Southworth, MSW	Hospitality, Phoenix Award
Mary Torrez	Silent Auction
Kelly Wilcott	Marketing
Tim Wilson	AV

Feeling overwhelmed?

If you are feeling overwhelmed or just need someone to talk to, please find a MISS Touchstone Guide. They will be wearing a purple corsage and *The Universal Grieving Symbol* pin. The pin was designed by two sisters after they lost their youngest sister. Wearing the pin enables grieving individuals to publicly show they have experienced a loss without saying a word. The sisters are sharing the symbol with the world through uplifting and inspirational sympathy gifts for anyone who has lost a loved one. Visit Luna's Light Sympathy Gifts at www.lunaslight.com.



Touchstone Guides

Sarah Bain

Laurie Beth Brennan

Deb Brooks

Pam DeGraff

Katie Hodge Dean

Carla Hoffman

Hawk Jones

Kara Jones

Shannon LaRance

The MISS Foundation sincerely thanks all of you who volunteered as Touchstone Guides for this year's conference. Your experience and willingness to help others during conference are much appreciated! We hope to work with you again at the next conference, too.



Thursday, September 2

- 7:30 – 8:30 am Registration and Breakfast
8:30 – 9:15 am Introduction to Kid's Kamp

9:15 – 10:30 am Kids' Activity with Dana Southworth & Robin Kennedy: Explaining Death to Young Children: "Waterbugs and Dragonflies"
Teen Activity with Cassandra

10:30 am – 12:00 pm Indoor Activity

12:00 – 1:30 pm Lunch

1:30 – 4:45 pm Pool Time

4:45 – 6:30 pm Dinner Break

6:30 – 8:00 pm Popcorn & Movie

Friday, September 3

7:30 – 8:30 am Breakfast

8:30 – 10:30 Masks (Craft Activity)

10:30 am – 12:00 pm Kids' Activity with Sara
Teen Activity with Cassandra

12:00 – 1:30 pm Lunch

1:30 – 3:00 pm "What's Inside?"

3:00 – 4:45 pm Pool Time **

4:45 – 7:00 pm Dinner Break

7:00 – 9:00 pm Movie & Art

Saturday, September 4

7:30 – 8:30 am Continental Breakfast

8:30 – 10:30 am Tie-Dye Shirts

10:30 – 11:00 am Kids' Activity with Sara
Teen Activity with Cassandra

11:00 am – 12:00 pm Indoor Activity

12:00 – 1:30 pm Lunch

1:30 – 3:30 pm Pool Time **

3:30 – 4:45 pm Indoor Activity

4:45 – 6:00 pm Dinner Break

6:00 – 7:30 pm Picture Frames

**** Pool time maybe substituted for special guests ****

Schedule subject to change. Check with Kid's Kamp Staff during conference for more information.

Thursday Overview

Morning Events

- 7:30-8:30** REGISTRATION Lobby
- 8:30-8:45** WELCOME Main Ballroom
- 8:45-8:50** INTRO Main Ballroom
- 8:50-10:30** PRESENTATION Main Ballroom
- We Need the Arts to Live:
Using Music and the Arts to Navigate Grief
- 10:30-10:45** BREAK
- 10:45-12:00** BEREAVED PARENT PANEL

Afternoon Events

- 12:00-1:30** LUNCH
- 1:30-3:00** SESSIONS 1
- Fiesta Ballroom III **P** Thriving as a Couple After Your Child Dies
- Redrock Room **G** Loss, Love, and Forgiveness: *About Suicide*
- Coronado Room **G** Letting Them Know They Are Not Alone
- Tempe Room **G** A Geography of Grief and its Transformative Qualities
- Galleria A **B** Bereaved Grandparent Support Group
- 3:00-3:15** BREAK
- 3:15-4:45** SESSIONS 2
- Fiesta Ballroom III **P** The Psychopharmacological Treatment of Grief: *Controversies and Critical Issues*
- Coronado Room **G** Packing for Your Journey: *Things to Include in Your Grief Bag*
- Redrock Room **A** The Physics of Grief: *Working with Gravity Can Be Uplifting*
- Tempe Room **A** Give Sorrow Words: *Writing Your Way Through Grief*
- 4:45-6:30** DINNER
- 6:30-8:00** SESSIONS 3
- Tempe Room **G** Grappling with God
- Fiesta Ballroom III **G** Reikij – A Complementary Therapy for All
- Coronado Room **A** Touching the Soul: *Working with Spontaneous Drawings*
- Redrock Room **B** Bereaved Parent Support Group
- 8:00-10:30** EVENING RECEPTION
- Galleria Ballroom
Author booksigning, live entertainment by Melanie and Van, & cash bar

Friday Overview

Morning Events

- 7:30-8:30** REGISTRATION Lobby
- 8:30-10:00** PRESENTATION Main Ballroom
- Loss, Grief, and the Reconstruction of Meaning
- 10:00-10:15** BREAK
- 10:15-12:00** PRESENTATION Main Ballroom
- Sitting with Suffering:
The Alchemy of Full Presence

Afternoon Events

- 12:00-1:30** LUNCH Main Ballroom
- 1:30-3:00** SESSIONS 1
- Fiesta Ballroom III **P** The Necessary Goodbyes: *Supporting Grievers Unique Needs After Traumatic Loss*
- Coronado Room **P** On Children and Death
- Redrock Room **G** The Art of Mindful Listening
- Tempe Room **G** This Beautiful Wound: *Grief and Transformation*
- 3:00-3:15** BREAK
- 3:15-4:45** SESSIONS 2
- Fiesta Ballroom III **P** When Volunteers Grieve
- Coronado Room **G** Resistance to Resiliency: *The Phoenix in Grief*
- Redrock Room **G** What About Me? *Support Grieving Siblings*
- Tempe Room **A** Precious Conversations
- 4:45-7:00** DINNER
- 5:00-6:45** Grandparents Gathering
- 7:00-9:00** SESSIONS 3
- Redrock Room **P** Building Bridges to Patient Grief: *An Ethnographic Performance and Interactive Workshop Exploring Stillbirth News Delivery and Impact on Patient Grieving*
- Fiesta Ballroom III **G** "Some Babies Die" Documentary Movie and Discussion
- Coronado Room **G** No Chance for Goodbyes: *Child Death By Suicide*
- Tempe Room **B** Bereaved Men (Only) Support Group

Saturday Overview

Morning Events

7:30-8:30	REGISTRATION	Lobby
8:30-10:00	PRESENTATION	Main Ballroom
	Coping with Loss: <i>Effective and Ineffective Communication</i>	
10:00-10:15	BREAK	
10:15-11:45	BEREAVED PARENT PANEL	Main Ballroom

Afternoon Events

12:00-1:30	LUNCH	Main Ballroom
1:30-3:00	SESSIONS 1	
	Innovative Psychotherapeutic Interventions for Treating Bereaved Families	
Fiesta Ballroom III	P	
Coronado Room	G	Internet-Based Bereavement Support
Redrock Room	A	Hero's Confrontation: <i>Harness Grief's Energy</i>
Tempe Room	B	Support Group for Grieving Parents
3:00-3:15	BREAK	
3:15-4:45	SESSIONS 2	
	When Birth and Death Merge: Working with perinatal hospice families	
Fiesta Ballroom III	P	
Coronado Room	P	All the Stars Above: <i>A Therapeutic Tool for Bereavement Work</i>
Tempe Room	G	Abandonment Grief
Redrock Room	G	The Landscape of Grief: <i>Labyrinth and Stones</i>
4:45-6:00	DINNER	
6:00-7:30	SESSIONS 3	
	Creating Meaningful Rituals for Healing	
Coronado Room	G	
Redrock Room	A	Calling on the Hero: <i>Undiscovered Land</i>
	Dreamscape: <i>A Relaxation Imagery Exercise Using Various Art Mediums Including Mandalas</i>	
Tempe Room	A	
	The Personal Heart of the Matter: <i>Bereaved Parent Focus Group</i>	
Fiesta Ballroom III	B	
8:00-9:30	CANDLELIGHT MEMORIAL SERVICE	Main Ballroom
9:30	FESTIVAL OF DESERTS	

Sunday Overview

Morning Events

8:00-9:00	CONTINENTAL BREAKFAST	Main Ballroom
9:00-12:00	MISS FACILITATOR TRAINING	Main Ballroom
		M
12:00-1:30	LUNCH AND CONFERENCE DEBRIEF	Main Ballroom

Key

- P** Track: Professional, Clinical, or Academic
Track Intended for Professionals and Researchers
- G** Track: General Track
Intended for Families and Professionals
- A** Track: The Arts Track
Intended for Families and Professionals
- B** Track: Bereaved Family Members Only
- M** Track: MISS Foundation Facilitators and Volunteers Only

Candlelight Memorial Service

Saturday, September 4 from 8:00-9:30 pm

Please join us for the Candlelight Memorial Service in the Main Ballroom. We will have tables set up around the back of the Ballroom for all MISS Families to share a photo and a small memento of your precious child. (Please limit to 2 items.) Festival of Desserts to immediately follow Memorial Service.

Grandparents Gathering

Friday, September 4 - Grandparents Gathering for Dinner 5:00-6:45 in the Raintree Room - Restaurant is located here at the Fiesta Resort. See Robin Kennedy for details.



Descriptions and Biographies

Thursday, September 2

8:30-8:45 **Welcome**

Main Ballroom **Hawk and Kara Jones, Washington MISS Foundation**

Kara L.C. Jones is a graduate of Carnegie Mellon University where she studied Literary, Cultural Theory and Poetics with a minor in Child Development from Chatham College. When at CMU, Kara mentored with Hedda Sharapan, David Newell, Fred Rogers and the team at Family Communications, Inc., producers of “Mister Rogers Neighborhood.”

In 1999, after the death of their son Dakota, Kara and her partner Hawk co-founded Kota Press (KOTA: Knowing Ourselves Thru Art), an expressive arts outreach. Through their KOTA work and in partnership with the MISS Foundation, they have been mentoring other bereaved parents and caregivers around the world, offering creative perspectives on learning to live again after loss. In 2001, they were featured on National Public Radio in an interview with Megan Suyks who then hosted KUOW’s show “The Human Condition.”

Hawk Jones has been a singer, composer, songwriter, talk jock, street preacher, filmmaker, photographer and more in his lifetime. You may currently find him on the gallery scene showing his photos in the Pacific Northwest area. In his work at KotaPress, he keeps the creative look alive. If you like the MISS website, then you like his work, as he created it from design to code. He and his wife started KotaPress in memory of their son, Dakota.

8:45-8:50 **Introduction**

Main Ballroom **Dr. Joanne Cacciatore, PhD, MSW, Fellow in Thanatology, MISS Foundation CEO and Founder** specializes in counseling those affected by traumatic loss, most often the death of a child. She is certified in bereavement Trauma by the American Academy of Experts in Traumatic Stress and is Board Certified through the American Psychotherapy Association. Her therapeutic interventions include Mindfulness Cognitive Behavioral Therapy, Narrative Therapy, Dialectical Behavioral Therapy, Logotherapy, and various other therapies, such as Repeated Exposure Therapy, to manage Post-Traumatic Stress Disorder (PTSD). Dr. Cacciatore is currently an Assistant Professor and researcher at Arizona State University.

As an advocate of “green” mental health care after a traumatic experience, Dr. Cacciatore is a member of the American Psychotherapy Association, the Association for Contemplative Mind in Higher Education, the International Society for Traumatic Stress Studies, and the National Center for Crisis Management. She spearheaded and directs the graduate Certificate in Trauma and Bereavement program at ASU.



Her research has been published in peer-reviewed journals such as *Death Studies*, *Omega Journal of Death and Dying*, *Social Work*, *Social Work and Healthcare*, *Birth*, and *Families in Society*.

Dr. Cacciatore received her Doctorate from the University of Nebraska-Lincoln and her Masters Degree and Bachelor's Degree in psychology from Arizona State University. She has a Fellowship in Thanatology from ADEC. Her work has been featured in major media sources such as *People* and *Newsweek* magazines, the *New York Times*, *Boston Globe*, *CNN*, *National Public Radio*, and the *Los Angeles Times*. She received the prestigious Hon Kachina Award in 2007.

As a mother to five children, now mostly grown, she notes "four who walk and one who soars". Her life changed profoundly in 1994 when her daughter, Cheyenne, died.

8:50-10:30 **We Need the Arts to Live: Using Music & the Arts to Navigate Grief**

Main
Ballroom

Bereaved parents find themselves in a sea of overwhelming emotions following the death of their children. In this session participants will explore the use of the arts, specifically music, for expressing and mitigating the emotions that accompany grief in a mindful way.

Audrey Berger Cardany, DMA, is Assistant Professor of Music Education at the University of Rhode Island. Dr. Cardany is an active clinician in regional and national conference venues with topics in general music education, music in early childhood, and music and movement. Her work is published in the "Journal of Research in Music Education" and "The Mountain Lake Reader." The death of her daughter, Caitlin Anne, spurred an extension to her music research agenda to include a quest for understanding how the arts aid bereaved parents in their grief.

10:45-12:00 **Bereaved Parent Panel**

Main
Ballroom

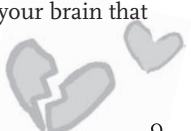
Parents share their experiences, thoughts and feelings.

Moderated by Dr. John DeFrain, University of Nebraska-Lincoln, is a professor and Extension family and community development specialist in the Department of Child, Youth and Family Studies, College of Education and Human Sciences. He has been on the faculty there for more than 30 years, focusing his energy on the development of strong families nationally and internationally. He also holds an Honorary Appointment as Conjoint Professor of Family Studies at the University of Newcastle, Callaghan, New South Wales, Australia; serves as a Research Scientist in the Center for Family Studies, Shanghai Academy of Social Sciences, People's Republic of China; and recently received an Onassis Foundation Fellowship to work at Aristotle University of Thessaloniki, Greece.

1:30-3:00 **Thriving as a Couple After Your Child Dies**

Fiesta
Ballroom
III
P

Thriving as a couple, let alone surviving individually or as a couple may seem out of reach. The goal is to be emotionally present to one another (versus fixing). In this workshop, you will experiment with behaviors designed to bring you comfort, understanding, and connection. You will find your underlying similarities in grief despite differing styles of grieving and coping, and practice specific tools that create new neural pathways in your brain that promote a healing, thriving coupledom.



Descriptions and Biographies

Chandrama L. Anderson, MFT, specializes in grief and couples therapy. She received her M.A. in Counseling Psychology from John F. Kennedy University. Chandrama invented *Mapping Your Personality*, which she has been presenting/teaching, and is the author of “No U-Turn at Mercy Street,” a Memoir and Resource Guide for Grieving Parents.

In her previous career in high technology, Chandrama served in executive/management positions, is co-author of the Stanford Professional Education workbook “Building an eCommerce Website,” and was a speaker for industry conferences including Women in Technology (WITI), Seybold Seminars, Stanford’s “Publishing on the Web” and the “Conference on eCommerce.”

1:30-3:00 **Loss, Love, and Forgiveness: About Suicide**

Redrock
Room



To light a candle in a dark cave helps more than to curse the cave for its darkness. Most of the time suicide is connected to the darkness of horror, pain, shame, anger and guilt. How can there be forgiveness for the one who left so suddenly and often violently? How can you forgive yourself for whatever it is you blame yourself for? How can there be light to guide the way through that dark cave?

This workshop will be based on the teachings of Elisabeth Kübler-Ross and Michael Murphy. The LLF project Michael started wants to encourage, mortals, to (re)unite with our soul and spirit. This can work like a light lit in a dark cave. Especially after suicide there can be so much loneliness and disconnection, if there is no loving gaze from the soul-spirit.

This workshop will be a moment of sharing with companions in distress, while building a ritual in honor of the loved ones that died so suddenly.

Anneloes Eterman, Nurse, art-psychotherapist and counselor, attended an *Life, Death, and Transition Workshop* with Elisabeth Kübler-Ross in 1982. This was two months after the birth of her first child, Femke, who was born with a severely open spine. Femke died at home when she was one-year-old. Six years after that Anneloes lost her second child, Sybren, during his birth. She gave life another chance, and was blessed with the birth of her twins, now 19 years old. Anneloes also lost her older sister through suicide. She became a volunteer for the EKR-Foundation in the Netherlands when it was founded in 1984, and was president of the board for three years. She initiated many EKR-projects and gives lectures, seminars and workshops about coping with grief and the EKR-work.

1:30-3:00 **Letting Them Know They Are Not Alone**

Coronado
Room



This presentation is geared towards parents, families, and professionals who desire to increase their knowledge and understanding of grieving children and adolescents. Through education and the sharing of children’s and adolescents’ artwork, activities, and stories, participants will gain an awareness of how to be most supportive and available to children and teens who are grieving.



Leslie Finton, MS, received her Master's in Social Work from Ohio State University in 1998. She started working with grieving families as a volunteer facilitator at The Evergreen program in Columbus, OH in 1993 where she later went on to become a hospice social worker. In 2003, through the help of committed and supportive community volunteers, Leslie brought the Evergreen model, known today as Tides, to Centre County. Leslie lives in State College, PA with her husband Chris and two daughters, Hannah and Sarah.

Holly Torbic, MS, received her Master's in Social Work from the University of Pittsburgh in 1994. In 1999, she began working with grieving families as a hospice social worker with Brookline Home Care and Hospice in State College, PA. She has facilitated children and teen grief support groups since 2007 and strives to educate others about the needs of grieving children and adolescents. Holly lives in State College, PA with her husband Darren and five children, Brittany, Jesse, Lauren, Luke and Joel.

1:30-3:00 **A Geography of Grief and Its Transformative Qualities**

Tempe
Room



A look at the personal journey of one bereaved parent and how the experiences in childhood can be re-mapped and re-ordered so that the damage incurred when experiencing grief as an adult is minimized so as to have the full spectrum of a healthy and natural grief experience.

Sarah Bain is a writer, marketing professional and grieving mother. She has presented at three MISSconferences in the past and continues to hold grief workshops in Spokane, Washington for professionals in the field. She writes a blog at www.geographyofgrief.blogspot.com.

Her writing and editing experience includes former Managing Editor of "Willow Springs" magazine, newsletter editor for numerous organizations, former book reviewer for Heinle and Heinle, former Accreditation Editor for Eastern Washington University, and current fiction reader for "Bellevue Literary Magazine." She has written for or published "The Loss Journal," "The Philosophical Mother," "Mothering Magazine," "LongStory Short," and more.

1:30-3:00 **Bereaved Grandparent Support Group**

Galleria A



Facilitated by Dr. John DeFrain (see bio page 9) & Robin Kennedy

Robin Kennedy moved from Connecticut to Phoenix in 1977 with her husband Ed and son, Jonathan. Two years later, her daughter Meghan was born. The following years were dedicated to child rearing, which included teaching her children to be of service to others.

Being an advocate and crisis specialist working with the elderly, homeless, and victims of domestic violence and rape has been Robin's passion for over twenty years. Then in 1997 Robin's grandson, Jared, died. She was concerned about how her four-year-old grandson, Caleb, was dealing with the death of his brother. Robin became interested in learning how to help children who have suffered the loss of a loved one in their life. Thus began a commitment of study and facilitation of children's grief groups.



Descriptions and Biographies

3:15-4:45 **Packing for Your Journey: Things to Include in Your Grief Bag**

Coronado
Room

G

Most any journey requires some degree of preparation to have core needs met while traveling. However, sometimes grief arrives with no warning and no time to prepare, despite the acute pain and stress inherent in this journey. This session addresses some key comfort and care needs inherent in the journey of grief, and offers ways to get those needs met. Parts of the session will be on self care, while other parts will focus on the journey as a metaphor for transition, touching on some mileposts you may encounter along the way.

The journey of grief may be different for each of us, but we may share commonalities such as the need for assistance and support for healing. And, while this journey may not be one we look forward to, it can become a forward looking journey.

***Doryce Norwood** is a grieving mother and grandmother since the untimely deaths of her daughter and granddaughter due to a drunk driver in the spring of 2004. Since then, she has volunteered to help other bereaved families at Fresh Start, MADD, Donor Network of Arizona, New Song, Peer Vention, Arizona Supreme Court Panel for Victims' Rights and other victim advocate/support organizations as a trained facilitator and/or presenter. She continues to heal on her own grieving process as she attempts to help others heal.*

***Dr. Sandra Howlett** is a Grief Educator and Facilitator in Phoenix, Arizona. Her workshops and support groups are arenas of authenticity, experience and insight. She believes that grief is a natural response to loss and that healing is a journey.*

3:15-4:45 **The Psychopharmacological Treatment of Grief: Controversies and Critical Issues**

Fiesta
Ballroom
III

P

Psychotropic medications such as benzodiazepines and antidepressants are commonly prescribed to the bereaved. Traditionally, sedatives are prescribed on a short-term basis to help patients sleep and otherwise function. Recently, anecdotal reports have emerged in which medical doctors prescribed antidepressants for long-term use almost immediately after a loss. For instance, a mother who suffered a stillbirth was given a prescription for antidepressants by her OB-GYN hours after the stillbirth. Such prescribing is contrary to evidence-based psychiatric practice, and is of great concern to those seeking to help the bereaved. Using data from a recent study of bereaved parents, the extent of this problem will be discussed. Recommendations for working with prescribers and the medicated bereaved will be offered.

***Jeffrey Lacasse, PhD** is assistant professor, School of Social Work, College of Public Programs, Arizona State University. His research examines barriers to evidence-based mental health practice, the promotion and utilization of psychiatric drugs, and conflict-of-interest issues.*



3:15-4:45 **The Physics of Grief: Working with Gravity Can Be Uplifting**

Redrock
Room

A

In this workshop-style presentation, Molly Greist, stone sculptor and bereaved parent, will demonstrate how she believes working with stone accelerated a deeper, more complete healing after the sudden traumatic loss of her ten-month-old son in an automobile accident. Molly applies years of searching, study and practical experience to her awareness and understanding of a total-system impact of grief. She will introduce participants to her synergistic approach to grief, combining relaxation, physical activity, creativity, spirituality and ritual. This presentation is designed to be hands-on, empowering and transformative.

Molly Greist, Stone Sculptor. *Molly Greist began carving and working with stone in 1989, after the death of her ten-month-old son, Peter, in an automobile accident. She is the subject of an award-winning documentary film entitled "Grief is More than Crying," in which she shares her story, her art and her passion for stone. Her stone work is in both private and public collections and has been exhibited locally as well as internationally. Molly presents at conferences and retreats, as well as in school and community venues on grief and hope, inspiration and creativity. She has more than 20 years of experience carving and working with stone, years of study and practical application of her awareness and understanding of grief. Molly speaks of grief and recovery from loss and trauma with compelling conviction, directly from the heart of personal experience. She shares wisdom and discernment beyond the scope of traditional, intellectual knowing.*

3:15-4:45 **Give Sorrow Words: Writing Your Way Through Grief**

Tempe
Room

A

There is extensive research that shows writing is one of the most powerful means to express and ease sorrow. The act of writing brings a structure and order to the chaos of grief (Zimmerman, 2002). Many people are intimidated by the thought of writing, fearing they won't do it properly. This experiential workshop will offer suggestions for expressing grief through a variety of writing techniques. The presenter, a bereaved grandmother and published author, will guide participants through a writing exercise using partial sentence prompts. There will also be a discussion of grief bubbling, a technique for assisting bereaved people with identifying and mapping their reactions along the grief journey.

Nina Bennett *is the author of Forgotten Tears A Grandmother's Journey Through Grief. She has four grandchildren, one of whom was unexpectedly born still following a healthy full-term pregnancy. A healthcare professional and frequently requested guest speaker, Nina presents talks and workshops locally and nationally on issues of bereavement and family dynamics of grief. She is the Principal Investigator of an IRB-approved research study looking at how grandparents incorporate perinatal loss into their family. Nina is a contributing author to the Open to Hope Foundation and a member of MISS Foundation/AGAST.*



Descriptions and Biographies

6:30-8:00 **Grappling with God**

Tempe
Room



Sometimes the death of a child can cause a faith crisis. Questions arise about God's power. There may be feelings of anger or confusion about God's role in the death. We may cling to God to get through our grief. This workshop will offer opportunities to share our personal faith and grief journeys in a safe, non-judgmental space.

Evelyn Wald, MS, MDiv, Licensed Professional Counselor, specializing in Grief and Loss; Ordained Lutheran Minister Evelyn is a licensed professional counselor with more than 18 years experience, specializing in grief and loss. In addition to individual counseling she facilitates grief support groups, including specialized groups for miscarriage and early pregnancy loss and survivors of suicide. She is also a survivor.

Evelyn is also the Clinical Coordinator and a facilitator for TIDES, a support program for grieving children and the people who love them. She also founded a home for people at the end stages of their lives in State College, PA. Evelyn is also a Lutheran minister at a small rural church in Pennsylvania. She brings a wealth of expertise and experience, both personally and professionally. She is looking forward to meeting new folks and sharing our stories together.

6:30-8:00 **Reiki: A Complementary Therapy For All**

Fiesta
Ballroom
III



This presentation will define what Reiki is and is not, its history and practice, and how it can help one relieve stress, promote healing, and enhance one's quality of life. From the touch of a parent's hand on a crying newborn baby, our instincts attempt to relieve pain, suffering, and discomfort. It can assist in alleviating one's physical and/or emotional "needs" by focusing on the power of a God-given universal restorative energy. Reiki is not a religion, although many religions use Reiki. Through direct hands-on touch or absentee Reiki (similar to the power of prayer and presumed effect), the focus is on the receiver's natural state of wholeness, balance, rejuvenation, and relaxation.

Marie Hepp, ARNP/RN, MS, CHPN, is the ARNP Oncology Outreach Education Coordinator for the Regional Cancer Center in Fort Myers, Florida. She's been a medical researcher and hospice clinical educator; she's a Reiki III Practitioner and Red Cross Instructor. Marie's lost nearly 50 family members to cancer, suicide, a plane crash, and heart attacks; her work began at age five caring for her dying grandfather. Marie has advocated for many years on grief and loss education based on Kübler-Ross' works and has authored relevant articles.



6:30-8:00 **Touching the Soul: Working With Spontaneous Drawings**

Coronado Room

A

Drawings are like dreams; they speak symbolic language. In making them we touch our soul. Drawings can give us the chance to express what cannot be said or done. They carry us beyond talking and talking about. This way hidden feelings and emotions can be made conscious, perceptible, manageable and treatable. Drawings have proved to be a way to express unfinished business easier. When read, they appear to contain very intriguing and valuable information. It provides us with a way of logging into the sub-/unconscious level in order to fill us in on the very personal meaning of the symbols. It can connect us with our inner strength, the power of healing and the power of life and love.

In this workshop, the participants will make drawing(s) and can explore the inner secrets expressed. Anneloes will talk about how you can look at these messages from the soul.

Please bring your own crayons and sketchbook!!!

Anneloes Eterman, Nurse, art-psychotherapist and counselor, Anneloes (1954) attended an LDT Workshop with Elisabeth Kübler-Ross in 1982. This was two months after the birth of her first child Femke, who was born with a severely open spine. Femke died at home when she was one-year-old. Six years after that, Anneloes lost her second child, Sybren, during his birth. She gave life another chance, and was blessed with the birth of her twins, now 19 years old. Anneloes also lost her older sister through suicide. She became a volunteer for the EKR-Foundation in the Netherlands when it was founded in 1984 and was president of the board for three years. She initiated many EKR-projects and gives lectures, seminars and workshops about coping with grief and the EKR-work.

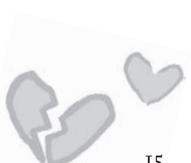
7:00-9:00 **Bereaved Parent Support Group**

Redrock Room

Facilitated by: Dr. Peter Barr (International Presenter from Australia) & Dr. Joanne Cacciatore (see bio page 8)

B

Peter Barr, MD is senior staff physician in neonatology at the Royal Alexandra Hospital for Children, Sydney, Australia. He has an abiding clinical and research interest in existential and “problematic” self-conscious emotions (fear of death, shame, guilt, envy, and jealousy) as personality predispositions and their relationship to psychological symptoms in parents experiencing adverse pregnancy outcomes. He lives close to Sydney Harbour with his beloved wife Deborah de Wilde, who is the quintessential perinatal bereavement social worker, and their daughters Freya and Maddy.



Descriptions and Biographies

Friday, September 3

8:30-10:00 Loss, Grief, and the Reconstruction of Meaning

Main
Ballroom

Recent developments in bereavement theory and research have challenged earlier emphases on grief stages and symptomatology by assigning a central role to the reconstruction of a world of meaning that has been challenged by loss. In this presentation, Dr. Neimeyer will extend this contemporary view by describing how our life stories can be profoundly challenged by loss, and detail processes of meaning-making that promote adaptation even in the face of such disruptions. Finally, Dr. Neimeyer will suggest several principles that support a meaning-informed grief therapy, one that seeks to find significance in suffering, sustaining connection to those we have loved and lost, and reorientation in a world transformed by bereavement.

Robert A. Neimeyer, PhD, is a professor in the Psychotherapy Research Area of the Department of Psychology, University of Memphis, where he also maintains an active clinical practice. Since completing his doctoral training at the University of Nebraska in 1982, he has conducted extensive research on the topics of death, grief, loss, and suicide intervention.

Dr. Neimeyer has published 23 books, including *Meaning Reconstruction and the Experience of Loss*, *Constructivist Psychotherapy*, and *The Art of Longing*, a book of contemporary poetry. The author of over 300 articles and book chapters, he is currently working to advance a more adequate theory of grieving as a meaning-making process, both in his published work and through his frequent professional workshops for national and international audiences.

Dr. Neimeyer is the Editor of two respected international journals, *Death Studies* and the *Journal of Constructivist Psychology*, and served as President of the Association for Death Education and Counseling. In recognition of his scholarly contributions, he has been granted the Distinguished Research Award, the Distinguished Teaching Award, and the Eminent Faculty Award by the University of Memphis, elected Chair of the International Work Group on Death, Dying, and Bereavement, designated Psychologist of the Year by the Tennessee Psychological Association, made a Fellow of the Clinical Psychology Division of the American Psychological Association, and given the Research Recognition Award by the Association for Death Education and Counseling. Most recently, he has received the Robert Fulton Founder's Award for Outstanding Teaching, Research and Service by the Center for Death Education and Bioethics and ADEC's Clinical Practice Award for his contributions to grief therapy.



10:15-11:45 **Sitting with Suffering: *The Alchemy of Full Presence***

Main Ballroom

Providers suffer when confronted with death, particularly untimely and traumatic child death. This suffering, unless engaged in a mindful and aware manner, can interfere with their ability to sit with a patient's experiences of loss absent furor sanandi, what Freud refers to as the rage to cure. Yet, psychosocial care during and in the aftermath of traumatic loss is a salient variable influencing adverse psychiatric sequelae. This presentation proposes a mindfulness based paradigm through which interdisciplinary providers can understand and deliver appropriate care which may reduce the risks of adverse psychological outcomes for families experiencing the death of a child. ATTEND is an evidence-based and patient centered model of provider care that may moderate the negative effects of trauma, decrease psychopathology, and increase the likelihood of posttraumatic growth after loss.

Dr. Joanne Cacciatore (see bio page 8)

1:30-3:00 **Necessary Goodbyes: Supporting Griefers' Unique Needs After A Traumatic Loss**

Fiesta Ballroom III
P

A workshop for professionals exploring the unique support needs of individuals after a traumatic loss. An overview of assessment strategies and intervention techniques will be presented. This session will also address self care and support needs of professionals working with this special population.

Kathy Cromwell, MSW, LCSW is the Director for the Center for Grief and Loss at Hinds Hospice. Kathy provides grief counseling to individuals and couples and facilitates grief support groups. Kathy specializes in working with parents who have experienced the death of their child by both illness and sudden death. She also responds to local hospitals to support families at the time of death. Kathy also coordinates the Angel Babies Perinatal Hospice and Bereavement program, which was one of the first of its kind nationally.

1:30-3:00 **On Children and Death: A Kubler-Rossian Perspective**

Coronado Room
P

This program focuses on children's (of various ages including teens) loss, illness, dying, or death. It will present Elisabeth Kübler-Ross' five stages of grief pertaining to loss, illness, dying, or death and one's suggested responses to these stages. It will present examples of how children, parents, families, loved ones, caregivers, and professionals can live and work through this difficult time with love, compassion, and understanding by allowing honest conversation about the loss(es), illness, and/or impending death.

Marie Hepp, (see bio page 14)



Descriptions and Biographies

1:30-3:00 The Art of Mindful Listening

Redrock
Room



A good listener is very valuable when you're grieving. Co-counseling is a way of learning how to listen carefully, to yourself in the first place, but also to others. Co-counseling means taking time to look at and listen to yourself with the loving attention of another person listening to you. It means to discover what you really need and to look for what keeps you from getting it. It is finding out about your fears, grief, anger, etc. and expressing it. It is also about giving others the opportunity to look at themselves and listening to them with loving attention, and mindfulness; Listening is then like an art form.

Anneloes Eterman, (see bio page 10)

1:30-3:00 This Beautiful Wound: *Grief and Transformation*

Tempe
Room



In this workshop, we explore the teachings of the sixteenth century Spanish saints, Teresa of Avila and John of the Cross, who show us how we may approach the radical mystery that often accompanies profound loss as a spiritual opportunity rather than as a problem requiring a solution. By engaging a contemplative in favor of a cathartic approach, we cultivate an environment of emotional safety and deep peace.

Mirabai Starr, MA, Certified Grief Counselor, Professor of Philosophy and Religious Studies, writes fiction, creative non-fiction and contemporary translations of sacred literature. She teaches Philosophy and World Religions at the University of New Mexico-Taos and teaches and speaks widely on contemplative practice and grief and loss. Mirabai has received critical acclaim for her new translations of "Dark Night of the Soul" by sixteenth century Spanish mystic, St. John of the Cross and "The Interior Castle," and "The Book of My Life," by St. Teresa of Avila, the six-volume series, "Devotions," "Prayers & Living Wisdom," and the chapter on grief in "Living Fully, Dying Well." She began to discover the ways in which grief can be significantly transformative in the wake of the death of her fourteen-year-old daughter, Jenny, in 2001.

3:15-4:45 When Volunteers Grieve

Fiesta
Ballroom
III



In this presentation, the volunteer's grief experience is validated by the common experiences of those in this rewarding and generous field. We also examine our own grief experience and motivation for wanting to volunteer as well as self-exploration about one's origin of grief experience and current feelings. Lastly, we review basic grief concepts, as well as suggestions for being around a grieving client and their family.



Anne Bach-Starling earned her Bachelor's degrees in Psychology and Gerontology and Master's in Counseling and has been providing mental health and substance abuse counseling with a focus on grief issues specifically. She has Managed Bereavement Services for Hospice for the past seven years as well as an Internship Supervisor for both University of Phoenix and Argosy University. Anne is a Certified Grief Recovery Specialist and was Founder and President of the Arizona Hospice Bereavement Association, as well as Vice President of Arizona Bereavement Alliance, and Chair of the Compassionate Care Foundation. To be more available to her three newly adopted children, Anne has changed focus professionally to an On-line Faculty for GCU and a part-time counselor for CPES.

3:15-4:45 **Resistance to Resiliency: *The Phoenix in Grief***

Coronado
Room



From the boating accident that took his brother, through the progressive loss to cancer of his wife and the mother of his children, to the traumatic auto accident that stole from him his two young daughters; Ted will share the slide into the depths of despair, through his struggle to abandon hope and life, and finally to the reconstruction of his identity and acceptance of his role in the world, giving hope and help to others who are stepping into the realms of loss and elevating to rebirth with a new definition of who they are and who they may become. In this workshop, he will guide participants through the emotional and spiritual journey of grief and loss, using visual aids, contemplative reading, group discussion, and examples of ritual from a multi-cultural perspective. This workshop will cover the relevance of ritual and spirituality in contemporary grief counseling, both individually and in groups.

Reverend Ted Wiard, LPCC, CGC, is the Founder and Director of Golden Willow Retreat in Arroyo Hondo, NM, an emotional healing center focused on grief, loss and resiliency. He is a licensed clinical therapist, certified grief counselor, an ordained minister, a NM certified schoolteacher, and a certified tennis teaching professional. Ted's passion for working with grief, loss, and resiliency arose from his own personal losses in which he realized there were very few places to go for support and healing from loss. Ted is sought out for speaking engagements internationally and throughout the country. He has written many articles on the subject of emotional healing and has worked at prestigious places such as Betty Ford Center with grief and loss and the connection/disconnection of spirituality in loss, addiction, and relapse.

3:15-4:45 **What About Me? *Support Grieving Siblings***

Redrock
Room



Support for Grieving Siblings. This presentation will discuss a child's grief process and how it is different from an adult's grief process. Special emphasis will be given to grieving siblings. This presentation will highlight ways in which you can help your children cope with the loss of their brother or sister including learning about grief-related activities and resources to help find children's grief support in your area.



Descriptions and Biographies

Pamela Gabbay, MA, FT, is the Program Director of The Mourning Star Center for Grieving Children in Palm Desert, CA. She is also the Camp Director for Camp Erin, a children's bereavement camp. Pamela is Vice President of the Board of Directors of the National Alliance for Grieving Children and is past President of the Board of Directors of The Southern California Chapter of the Association for Death Education and Counseling. Additionally, Pamela is a co-founder of GriefPosters.com, a poster company that produces sensitive and educational grief-related posters. Pamela is also a contributing author at Open to Hope.

3:15-4:45 Precious Conversations

Tempe
Room

A

Precious Conversations is an experiential session that taps into the inner wisdom of the individual to facilitate a written dialogue between participants and anyone they choose, living or dead. The methodology is Jungian based and patterned on the work of the late Dr. Ira Progoff, founder and author of "At A Journal Workshop." The facilitator has been using this method for over 15 years and has extensive experience in Progoffian journaling techniques. She incorporates dialogue journaling in bereavement support groups as well as one-on-one work with clients.

Dr. Sandra Howlett (see bio page 12)

5:00-6:45 Grandparents Gathering

Raintree
Room

Grandparents Gathering for dinner in the Raintree Room. Restaurant is located here at the Fiesta Resort. *See Robin Kennedy (see bio page 11) for details.*

7:00-9:00 Building Bridges to Patient Grief

Redrock
Room

P

This ethnographic performance of stillbirth patients' experiences and their interactions with care providers will combine audience participation, mixed method research and embodied ways of knowing to create opportunities for increased understanding, improved patient-centered communication and research-based recommendations for bereavement care. Attendees will be invited to share their experiences of news delivery and share successful strategies for improving patient care.



Suzanne Pullen has conducted research for the last three years on the interactions between care-givers and stillbirth parents, seeking to develop more patient-centered communication strategies for healthcare providers that have a positive long-term impact on patients. She received her Master's Degree from San Francisco State University this spring and was the recipient of the Outstanding Graduate Student Award, was named Galinson Scholar by the CSU Trustees Award, and was the winner of the Edward Kauffman Scholarship. Her research into stillbirth communication between care-providers and patients received a Top Paper Award at the Western States Communication Association Convention. She is a speech and communication instructor and has been a guest lecturer in fetal and maternal health courses for nursing students at San Francisco State University. She is also a bereaved parent and volunteers with two non-profit stillbirth organizations, ISA and First Candle, and has advocated for stillbirth legislation on Capitol Hill. She is a former journalist for the San Francisco Chronicle who has written extensively on stillbirth issues, and a chapter of her poetry will appear in "They Were Stillborn," a stillbirth anthology due out in October.

7:00-9:00 Some Babies Die

Fiesta Ballroom III



"Some Babies Die" is an award-winning documentary film made in the mid 1980s by Martyn Langdon Down. The film records the work of an Australian perinatal bereavement team – Peter Barr, Deborah de Wilde and Julie Dunsmore — with three families experiencing a stillbirth or neonatal death. The film explores the existential encounter with the death in a way that openly respects the needs and wishes of parents and siblings as they come to know, memorialize and honor their babies and begin to assimilate the tragic loss into their lives.

Peter Barr, MD (see bio page15)

7:00-9:00 No Chance for Goodbyes: Child Death by Suicide

Coronado Room



When a child dies, parents are devastated. When a child commits suicide, an already overwhelming process is intensified. Through information sharing, discussion and support, participants will explore the grief journey of a suicide survivor.

Evelyn Wald, MS, MDiv (see bio on page 14)

7:00-9:00 Bereaved Men (Only) Support Group

Tempe Room



Facilitated by: Hawk Jones (see bio page 8) and Ben Sieff

Ben Sieff was sixteen when his older brother, Tim, was murdered. He is a former director of Centering Corporation, a non-profit grief resource center, and former president of Ted E. Bear Hollow, a support center for grieving children in Omaha, NE. For more than eighteen years, Ben has presented workshops and facilitated support groups for children, teens, parents and professionals. He is currently employed at All Our Kids, Inc., a scholarship and mentoring program for at-risk children. He is also currently working on his Master's Degree in Social Work.



Descriptions and Biographies

Saturday, September 4

8:30-10:00 Coping with Loss: *Effective and Ineffective Communication*

Main
Ballroom

Communication plays a vital role in recreating a bereaved parent's identity, sense of meaning, understanding and welfare (Hastings, Musambira & Hoover, 2007; Toller, 2005). Unfortunately, many family and friends fail to meet the communicative needs of bereaved parents (Toller, 2005; Cluck & Cline, 1986). Bereaved parents often feel the need to carefully monitor to whom they speak and the extent and type of information they provide about their deceased child (Toller, 2005). This presentation presents a review of best practices, as defined by the literature, for communicating with others about loss. It takes multiple perspectives into consideration, including bereaved parents and the family and friends who do not know how to communicate with them.

Laura Umphrey, Ph.D., is an Associate Professor of Communication at Northern Arizona University. She teaches both graduate and undergraduate courses in health communication. Her research interests include the role of communication in the bereavement support group process. She believes that communication profoundly shapes the quality of our lives. Laura and her husband, Ken, reside in the Flagstaff area and are the proud parents of three children; one who died at the age of two years, eleven months.

10:15-11:45 Bereaved Parent Panel

Main
Ballroom

Moderated by Dr. Peter Barr (see bio page 5)

1:30-3:00 Innovative Psychotherapeutic Interventions for Treating Bereaved Families

Fiesta
Ballroom
III
P

This seminar illuminates the theme of the Conference with information and interventions designed for dealing with the death of a child and its concurrent effects on the family. The approach is holistic in that it deals with the physical, emotional, psychological, and spiritual effects of trauma and presents many healing modalities. The two highly-trained therapists, a psychologist and master's level counselor, have over thirty years experience in the field of trauma. Also, both therapists have presented in many conferences, and Dr. Neil Weiner has a published book in the field of trauma.



Neil Weiner, PhD is a licensed psychologist in private practice for 25 years. An Adjunct Faculty at Arizona State University and the University of Phoenix, he received the University of Phoenix Distinguished Teacher of the Year award three times. He is the co-author of "Shattered Innocence and The Art of Fine Whining," and authored "Across the Borderline."

Cheryl Mallory earned her Master's of Counseling Degree at Arizona State University. She is a Licensed Professional Counselor and Nationally Certified Counselor who works extensively with trauma and sexual abuse. She has completed training in EMDR - I & II. Currently she is in private practice in Mesa, AZ, serving individual, marriage, grief, chronic pain and trauma populations.

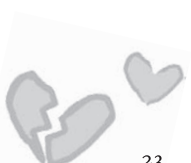
1:30-3:00 **Internet-Based Bereavement Support**

Coronado Room This presentation outlines the MISS Foundation's online forum boards including names of moderators, posting guidelines, netiquette, and additional resources.

G **Carla Hoffman** is a lawyer by Universidad Panamericana, México. She has degrees in U.S.A. Law and Cannon Law. She was a Law teacher at Universidad Anáhuac del Sur and Universidad Panamericana.

After the death of her children, she desperately searched for help and found the MISS Foundation. The lack of support in Mexico and in Spanish-speaking countries made her take a definite turn in her life and since 1998 she founded and still presides over Fundación Esperanza®, a Spanish-speaking non-profit organization dedicated to helping Spanish-speaking bereaved parents. She has a Master's Degree in Family Sciences from the Pontifical Institute John Paul II for the Study of Marriage and Family. She has been a MISS Volunteer since 1999, translating into Spanish the works of Dr. Cacciatore and everything that can help the Spanish-speaking community within MISS, as well as coordinates the MISS Support Groups outside the United States. She is a certified MISS facilitator and moderates some of the MISS forum boards.

Currently, she is training medical professionals in Mexico City on how to work with bereaved parents at the time of the death of their child and after the tragedy has occurred. She teaches Family Law at the Masters Program at the Pontifical Institute John Paul II for the Study of Marriage and Family. She lives in Mexico City with her husband and three wonderful children.



Descriptions and Biographies

1:30-3:00 Hero's Confrontation: *Harness Grief's Energy*

Redrock
Room

A

Kara & Hawk Jones (see bios page 8) invite you to take a creative look at your grief experience. Grief leaves lots of shadows lurking in our worlds. Sadness, rage, guilt, shame, envy, and jealousy, just to name a few. When our inner Hero-self confronts these shadows, we often find the fires of grief burn with great energy. In this session, we'll learn to recognize shadow and locate the energy. By being conscious in this way, we learn to harness grief's energy and channel it through the strength of Hero as we learn to live life again in the face of loss. No previous art, meditation, or Hero's Journey work required. We will be working with a broad scope of creative ideas, not just art. This session is an adaptation of The Heros.

Journey work pioneered by Joseph Campbell; and the Call to Adventure by Paul Rebillot.

1:30-3:00 Support Group for Grieving Parents

Tempe
Room

B

Facilitated by: Michele Newton and Kelli Rivera

Michele Newton is the proud mother of three children and two grandchildren. Bethany and Breanne Braddock both are grown and living on their own. Bethany has given Michele the wonderful gift of being a grandmother to Caleb, age four. Breanne is expecting her first child, a little girl in March of 2007. Michele's youngest, a son named Branden passed away in April of 2002 at the age of 15. Branden had fallen off his skateboard and hit his head on a concrete picnic table. He was hospitalized for three days, then discharged. Twelve hours after his discharge from the hospital, he told his mother that his head hurt. Another twelve hours later Michele made the difficult decision to remove him from life support. Since Branden's death, Michele has aggressively advocated for helmet safety and shares her story with other parents. Michele became a Hope Mentor and group facilitator for MISS in April of 2005. Michele states that this is hard but necessary work and does this in honor of her son. "It is my way to continue to mother him." In addition to Michele's dedication to healing and education, her work with MISS, and being a parent, she also works full time with mentally ill adults.

Michele lives in Phoenix, AZ, and specializes in the death of older children. She has adjusted from her busy life with three busy children and learned to gracefully accept the death of her son, and hopes by the work she does in his memory that she is making him proud.



Kelli Rivera's journey with The MISS Foundation began just 19 days after the death of her first-born child, Jennifer Marie Gonzalez on July 27, 2002. Kelli found MISS to be a source of oxygen during the times when even breathing was difficult. She truly believes that she was able to get to where she is because of the "life-saving foundation". Now in an effort to give back she facilitates three support groups in the Phoenix Area – Subsequent Pregnancy, Death of a Special Needs Child and The North Valley Parental Bereavement group. All of this is part of parenting her deceased child, and carrying on Jennifer's legacy of love. She firmly states, "Even if only through me, the world will know my daughter."

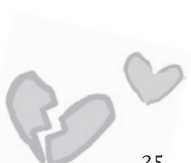
Kelli works for the State of Arizona at Family Assistance Administration providing support and eligibility of programs for families during their time of financial struggle. This career move was sparked after her daughter died in an effort to give more back to the community that she feels so helped her during her child's life and during her death. Kelli's long term-goal is to go into nursing, preferably pediatrics.

In her personal life, Kelli is a mom of five children now, four who walk and one who soars. She has two subsequent children, both girls, giving this busy woman a total of four girls and one precious boy. As the children grow, she will venture down the school path, although for now, she prefers to be at home with the kids when she is not working. Time is precious!

3:15-4:45 **When Birth and Death Merge: Perinatal Hospice**

**Fiesta
Ballroom
III
P**

Perinatal Hospice is viewed as the natural evolution of hospice care extending into the prenatal period. Comprehensive, family-centered services are begun when a referral is received in the prenatal period (typically from an obstetrician or a perinatologist) and continues through the birth/death of the baby and into the bereavement period. This workshop will cover the macro level process of forming a perinatal hospice program and will showcase at the micro level how the MISS Foundation implements its perinatal hospice program in the metropolitan Phoenix area. Intended for professionals interested in the perinatal population.



Descriptions and Biographies

Kathy Cromwell (see bio page 17)

Dana Southworth, MSW: Dana first met Dr. Cacciatore in 1999 during a hospital workshop on providing compassionate care to the family experiencing the stillbirth of their infant. Much to her surprise, she called on the MISS Foundation the next spring when faced with a poor prenatal diagnosis in her own unborn daughter. When her daughter unexpectedly survived for three and a half years, the journey began for Dana and her family.

Dana holds a Master's Degree in Social Work, and is a Licensed Practical Nurse. She plans to sit for the Certificate in Thanatology exam this November. She is currently working as a case manager for the Division of Developmental Disabilities, where she specializes in medically fragile children aged birth to three.

Dana is the Director of the MISS Foundation's Perinatal Hospice program: Comfort and Resource Enhancement (C.A.R.E.). This program provides family-centered hospice services for families receiving a poor prenatal diagnosis in their unborn baby. The C.A.R.E. program serves families in the metropolitan Phoenix area. Dana is also a HOPE mentor for families experiencing the death of a child who had special needs and assists Dr. Cacciatore on special projects.

Berdette Carrasco, RNC: Berdette first came to the MISS Foundation in July 2007, following the loss of her four-year-old son, Jacob. A close friend invited her to a MISS support group where she learned she was not alone in her journey.

Berdette has been an obstetrical nurse since 1993. In 2000, she worked briefly in the Critical Care Unit, but quickly realized she was most passionate about working with laboring mothers and returned to obstetrics. Berdette is currently the Clinical Coordinator of Labor & Delivery at a hospital in North Phoenix.

Berdette collaborated with Dana Southworth to start the C.A.R.E. Perinatal Hospice Program. Berdette serves as the program's Clinical Care Coordinator, she supports the emotional needs of families and helps them plan and prepare for the bittersweet birth and death of their babies. MISS Foundation's C.A.R.E. Perinatal Hospice Program is the first of its kind in the state of Arizona.

Berdette is also a HOPE mentor and co-facilitator of one of the many wonderful support groups MISS offers for families following the death of a child.



3:15-4:45 **All the Stars Above: A Therapeutic Tool**

Coronado
Room

P

After the death of a dear one, the world of the next-of-kin is turned upside down. Most of the times bereaved clients don't really know how to communicate to their environment about what has happened to them and the impact of the loss in their lives. All the Stars Above is a tool designed for therapists working with bereaved clients ages 6-100; the aim is to encourage communication after the death of a dear one.

All the Stars Above also helps clients to open up feelings, thoughts and worries when someone died during topical situations such as military service, natural disaster, terrorism, suicide or murder. In this workshop, professionals will experience the magic way All the Stars Above works, and they may also gain more insight in their own way of coping with loss

Daisy Luiten is an Art Therapist and Human Interaction Skills Professional, who specializes in bereavement, has a private practice, trains professionals and leads weekends for children and young adults. Daisy developed the award-winning therapeutic tool All the Stars Above for therapists working with clients (ages 6-100) who have had someone dear to them die. Daisy is a member of the Dutch League Association for Psychologists, Psychotherapists and therapists, the Dutch Association for Art Therapists, the Association for Death Education and Counseling (USA) and the Society for the Arts in Healthcare (USA).

3:15-4:45 **Abandonment Grief**

Tempe
Room

G

In this presentation, we will define "abandonment" in relationship to "grief" and explore the natural feelings of abandonment that may occur in our grief experiences and vice versa. The distinction of "Abandonment Grief" is identified as well as why the experience applies to "disenfranchised grief". Lastly, we discover the connection between abandonment history and its affect on the grief process and identify two theories of grief recovery specific to the abandonment experience.

Anne Bach-Starling (see bio page 19)

3:15-4:45 **The Landscape of Grief: Labyrinth and Stones**

Redrock
Room

G

In this presentation, Molly Greist, stone sculptor and bereaved parent brings her personal experience of grief and working with stone to participants. Molly began carving stone in 1989 after the traumatic death of her ten-month-old son in an automobile accident. Molly will take you on a journey through the landscape of grief, calling upon mental, physical and creative action. Participants will be instructed on how to design and build a labyrinth and will collectively lay out a seven circuit labyrinth of walking proportions. There will be discussion about the healing potential, symbolism and use of labyrinths and stone in the context of grief. The workshop will culminate with ritual and walking the labyrinth.

Molly Greist (see bio page 13)



Descriptions and Biographies

6:00-7:30 **Creating Meaningful Rituals and Memorials for Healing**

Coronado
Room

G

Rituals and memorials are means of both public and private acknowledgements of life and death with healing powers on multiple levels. They range from large events to quiet, private acts of remembrance. Share your experience and learn additional contemporary expressions that offer comfort and opportunities for healing. Plan a future remembrance for your loved one.

Dr. Sandra Howlet (see bio on page 12)

6:00-7:30 **Calling on the Hero: *Undiscovered Land***

Redrock
Room

A

Kara & Hawk Jones (see bios page 8) invite you to take a creative look at your grief experience. When grief comes, it ravages the land we once knew. We are left speechless, no map diagramming the chaos, and we stare into the abyss between what we wanted and what is. In this session, we'll call upon your inner Hero-self, explore and re-create an inner landscape where you can once again find safe and sacred space to reconnect with your heART. No previous art, meditation, or Hero's Journey work required. We will be working with a broad scope of creative ideas, not just art. This session is an adaptation of The Hero's Journey work pioneered by Joseph Campbell; and the Call to Adventure by Paul Rebillot.

6:00-7:30 **Dreamscape: A Relaxation and Imagery Exercise Using Various Art Mediums Including Mandalas**

Tempe
Room

A

Experience would include, but not be limited to: An Imagery Exercise, Dream Sketching, Individual Drawing, Mandala Coloring and Collage Self Expression.

Jane Ivey, Msc. Doctor of Metaphysical Science, Ordained Minister and Practitioner working in the field of Metaphysical Science in a counseling position since 1980. She added bodywork in 1996 and received Certification in Reiki, Reflexology, Massage and Massage Instruction over the next few years. Finally adding Energy Medicine and Meridian work in 1997. A combination of all the different caring options she has learned with the clients and patients at different facilities. Relying on her early background and further study with Dream instructors she added Dream & Energy Classes to her agenda in the last 13 years.



6:00-7:30 The Personal Heart of the Matter: Bereaved Parent Focus Group

**Fiesta
Ballroom**



The Bereaved Parent Focus Group will provide a unique opportunity to identify and discuss issues common to parents and families dealing with the loss of their beloved child (children). This group is open to all bereaved parents attending the conference.

Facilitated by Drs. John DeFrain (see bio page 9) Joanne Cacciatore (see bio page 8) & Melissa Flint

Melissa Delgado Flint, PsyD, is a graduate of Argosy University, Phoenix. She received her doctorate in clinical psychology, with emphasis training in geriatrics, child abuse/ trauma and developmental disabilities. She received her undergraduate degree at Arizona State University West and both of her post-graduate degrees (Masters and Psy.D.) at APA Accredited Argosy University (formerly the Arizona School of Professional Psychology). Melissa has presented at many professional conferences/venues on topics relating to mental health, including the diagnosis, treatment and support for individuals suffering from Post Traumatic Stress Disorder. She completed her Doctoral Dissertation in 2003 titled "Efficacy of Inpatient Geropsychiatric Treatment in Moderate to Severe Dementia."

Melissa's first introduction to the MISS foundation occurred after the stillbirth of her son in 2001. She attended the first of what would be many MISS support groups and soon realized that her heart led her to serve others who have lost children before their time. Melissa and her husband Martin "Maverick" live in Phoenix with their precious daughter Isabella and are proud supporters of the MISS foundation.

8:00-9:30 Candlelight Memorial Service

**Main
Ballroom**

Please join us in the main ballroom as we honor all of the precious children gone too soon. We will have tables set up around the back of the ballroom for all MISS Families to share a photo and a small memento of your beautiful child(ren). (Please limit to 2 items).

Festival of Desserts to immediately follow the memorial service.

Sunday, September 5

9:00-12:00 MISS Facilitator Training

RM #



Dr. Peter Barr & Dr. Joanne Cacciatore

General Facilitator Training from 9 - 11

11 - 12 - Facilitator Training Continued

11 - 12 - Moderator Training



Meet the Artist

KARA JONES

MISS Conference HeARTwork artist

“I love to scan physical elements into the digital format, add to them by drawing new pieces digitally, and then playing to morph and explore all the pieces in a landscape. As I thought about the grief and creativity experiences



I've had in my own life, I kept seeing how there are patterns, revisiting issues and ideas over and over as time passes. It's not linear for me in any way, but rather like a spiral staircase where I keep coming back round and round to look at grief from one level up or two levels down. Whatever the case, each round gives me a new perspective. So

with the MISS Conference heART-work, I was looking at the shifting perspectives, patterns, shifting definitions, breaking open of my heart. And then I was playing with all those elements across the digital landscape. It was my hope that it might reflect elements we all feel along the way on our individual paths.”



Silent Auction & Raffle



Silent Auction

By popular request, we will be having a Buy It Now day prior to the Silent Auction. On Thursday only, all items will be available to purchase for a set price. Any item not sold will then be available at the Silent Auction beginning Friday, September 3, 2010 at 8:00 a.m. The Silent Auction will be open for bids from 8:00 a.m. until 6:00 p.m. on Friday, September 3, 2010 and from 8:00 a.m. until 3:00 p.m. on Saturday, September 4, 2010. The Silent Auction will close promptly at 3:00 p.m. on Saturday. Volunteers will be available to assist in claiming your items. Any item not claimed by 6:00 p.m. will go to the second-highest bidder.

Silent Auction Committee

Sue Ann Kunberger

Mary Torrez

Debbie Sickels

Volunteers

Zuma Raffo

Jeannie Kerstan

Lupita Nandin

Louise Dixon

Raffle

We are raffling a Family, Food and Fun Wallet stuffed with gift cards and gift certificates totaling over \$500.00 in value. Tickets will be available at the Silent Auction table for \$5.00 each or three for \$10.00. The proceeds from this raffle will go directly to C.A.R.E., the Perinatal Hospice Division of the MISS Foundation. The wallet will be raffled during lunch on Saturday. You do not need to be present to win.

We would like to express our thanks to the many individuals and merchants who have donated items for the Silent Auction and Raffle.

Silent Auction and Raffle Donors

Adobe Dam Family Golf Center

Amazing Jake's

Ann and Bob Eckes
in memory of Kylie Noelle Southworth

Anonymous

Antique Haven
in memory of Kylie Noelle Southworth

Arizona Broadway Theater

Arizona Heart Institute
in memory of all children lost to heart disease

Artistic Skin Design

Barnes & Noble

Bears & More

Black Bear Diner

Broadway Palm Dinner Theatre West

Brunswick Bowling

Cactus Yarns

Carrie Kunberger
in memory of Kylie Noelle Southworth

CC's Restaurant

Chelsea's Kitchen

Chris Wigginton
in memory of Carol Ann Wigginton

Cindy Baake

Cindy Harding
in memory of Kylie Noelle Southworth

Cindy Hoak

CJ's Pet Grooming

Classy Closets and Teresa Broder

Confetti – The Bead Place
in memory of Kylie Noelle Southworth

Connie Hosknerin
in memory of Roberta Rae Hoskner, born still 6-28-09

Cowtown Skateboards and Michelle Newton
in memory of Brandon Newton

Cracker Barrel

Cucina Tagliani

Cyndi Teeter
in memory of Gabriel and Daisy

Dana Merckling
in memory of Justin Merckling

Dana Southworth
in memory of Kylie Noelle Southworth

Dana Titzler

Debbie Sickels

Debra Brooks

Dillon's Restaurant

Dussy Meyers

Elephant Bar

Erran Family

Fiesta Resort Conference Center

Florida Chapter of MISS Foundation
in memory of Florida Angels

Freddy's Frozen Custard and
Steakburgers

Geri Trinler

Gesswine Family/Mary Coyle Ice
Cream
in memory of Christopher Perry

Gesswine Family/Mary Coyle Ice
Cream
in memory of Paul Hadley

Girly Girlz
in memory of all little girls

Gold Coast Helicopters

Great Skate

Hansen Mortuary
in memory of All MISSing Angels

Holly Meekin and Arthur Murray
Dance Studio
in memory of Jasmine

Hotel Valley Ho

Hula's Modern Tiki

Jackson and Jeri Raymo

Janeen Kokodonski

John Romero

JP Spinwrench Auto
in memory of all MISSing angels

Kate Kunberger
in memory of Kylie Noelle Southworth

Kim Heffington

Kris Fiselle
in memory of Kylie Noelle Southworth

La Grande Orange

Lechter Family
in memory of Baby Slade Gibson

Linda Olsen

Linda Schmidt
in memory of Skylar Schmidt

Lowe's Home Improvement
Warehouse

Lynn Bauman

Market Bistro
*in memory of Thomas Floyd and
Michael Floyd*

Mary Torrez
*in memory of Thomas Floyd and
Michael Floyd*

McCormick & Schmick's
*in memory of Thomas Floyd and
Michael Floyd*

Mimi's Café

Moose Club

Palm Court Restaurant at Scottsdale
Resort and Conference Center

Patrick J. McGroder III
*in memory of Thomas Floyd and
Michael Floyd*

Phyllis Norris
in memory of Kylie Noelle Southworth

Robin Kennedy

Ros Hurley
in memory of Aaron Farrier

Sara Bains

Skateland

Skin Essentials By Carol Zurlo
*in memory of Thomas Floyd and
Michael Floyd*

Skye Restaurant

Sue Kunberger and Dana Southworth
in memory of Kylie Noelle Southworth

Sue Kunberger
in memory of Kylie Noelle Southworth

Thaku's Mens Wear
in memory of Cheyenne Cacciatore

Thebo Family

Tiburon Restaurant

Tole Shop

Top Shelf Mexican Restaurant

Total Wine & More

Toys by Daphne

Trader Joe's

Valley Golf Center and Chris
Wigginton

Village Inn

Westside Furniture

Westside Tattoo

Wildlife World Zoo
in memory of all MISSing Angels

William Castro, M.D.
in memory of Kylie Noelle Southworth



Special Thanks

Thank you to our sponsors, speakers, volunteers and families who participated in this year's event.

We would like to thank and recognize all of you who volunteered for the MISS Foundation. We would not be able to serve our families without your gracious and generous support!

Special Thanks: *Jenny McSpadden*

Gary McSpadden

Sue Kunberger

Mary Torrez

Debbie Sickles

Megan Kuhl

Julie Blouin

Kerry Formanek

Kelly Wilcott

Tim Wilson

Michelle Beaudry for her gift of sign language

Melanie and Van, Acoustic Duo

Jocelyn Obermeyer, Harpist

Our Sponsors: *Robert W. Boatman/Gallager & Kennedy, P.A. - \$2,500*

Arizona Hospice & Palliative Care Org. - www.ahpco.org

Kyle J. Barker Foundation - kyle-barker.memory-of.com

The JaJa's - www.thejajas.com

Milano's Music - www.milanomusic.com

Conservatory of Recording Arts and Sciences - www.cras.org

Dean's Mailing List Services - www.deansmailing.com

SW!TCH Studio - www.switchstudio.com

Prisma Graphic - www.prismagraphic.com

Luna's Light Sympathy Gifts - www.lunaslight.com

Scissors, Rox, Paper - www.scissorsroxpapersalon.com

Jenna Bears - www.jennabearsfoundation.org

Jeff Jones

Alicia Harrison

Exhibitors and Vendors



MISS Foundation Store	<i>www.missfoundation.org</i>
Centering Corporation	<i>Grief Resources - www.centering.org</i>
Hospice Foundation of America	<i>www.hospicefoundation.org</i>
Ryan House	<i>www.ryanhouse.org</i>
Pictures in Crystal	<i>by Steve Rudick www.picturesincrystal.com</i>
Knocked Up, Knocked Down	<i>author, Monica LeMoine knockedupknockeddown.blogspot.com</i>
A Life Undone	<i>author, Barry Kluger www.alifeundone.com</i>
No U-Turn at Mercy Street	<i>author, Chandrama Anderson www.chandramaanderson.com</i>
All the Stars Above	<i>Daisy Luten - www.allthestarsabove.com</i>
Brown Eyed Girl Designs	<i>Jewelry by Baily DeGraff</i>
Great Leap Productions	<i>Photography by Jimmy Carruthers www.greatleaproductions.com</i>
Two Tiny Hands	<i>twotinyhands.blogspot.com</i>
Grief Watch	<i>www.griefwatch.com</i>
Circle of Life Impressions	<i>circleoflifeimpressions.blogspot.com</i>
Heavenly Hug Angels	<i>www.heavenlyhugangels.com</i>

The MISS Foundation would also like to thank the
Fiesta Resort staff for graciously receiving the MISS
Family!

Congratulations:

- ♥ **Sister Teresa McIntier, RN, MS, FT**
- ♥ **Sara Steffen, MSW**
- ♥ **Bill & Sondra Diana**

The Rising to the Service of Humanity Award is given each year to outstanding individuals who have made significant contributions to support and further the ideology and work of the MISS Foundation. Albert Schweitzer said, “The only ones who will ever be truly happy in their lives are those who have sought out and discovered how to serve others.” These individuals have sought out and discovered their place in the service to humanity through not only their beliefs, but also by their actions.

The Phoenix Award is to recognize their response to the call of duty. It is the highest honor of the MISS Foundation.



For Psychologists

This program is sponsored by the Arizona Psychological Association. AzPA is approved by the American Psychological Association to sponsor continuing education for psychologists. AzPA maintains responsibility for this program and its content. AzPA has approved this continuing education program for up to 23 CE's. The APA Sponsor Approval System stipulate that credit is only to be awarded for full attendance.

For Social Workers

This program is pending approval by the National Association of Social Workers (provider number to be determined) for 23.25 continuing education contact hours.

Arizona State Board of Funeral Directors

This program is pending approval by the Arizona State Board of Funeral Directors for 23.25 continuing education contact hours.

Arizona Nurses Association

This activity has been submitted to the Arizona Nurses Association for approval to award contact hours. The Arizona Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

2010 MISS Conference Cancellation and Substitution Policy

Cancellations or requests for refunds must be received in writing by the MISS Foundation by August 16, 2010. To cancel a registration, please send an email to jenny@missfoundation.org and include “Conference Cancellation” in the subject line.

A processing fee of \$50 will be deducted from each cancelled registration. No exceptions.

Substitutions are allowed. Please email the name of the original registrant and the name of the person substituting to jenny@missfoundation.org by August 20, 2010. Please include “Conference Substitution” in the subject line.

Substitutions are not allowed for conference scholarship recipients.

Money for cancellations after August 16, 2010 will not be refunded. The MISS Foundation reserves the right to process refunds after the conference concludes.

Special Accommodations Policy

If special accommodations are requested for an individual with a disability to attend this meeting, contact Jenny McSpadden at Jenny@missfoundation.org by August 20, 2010.

Spirituality and End-of-Life Care
HFA's 18th Annual *Living With Grief*® Program
Now available via DVD! *Beginning Wednesday April 13, 2011*

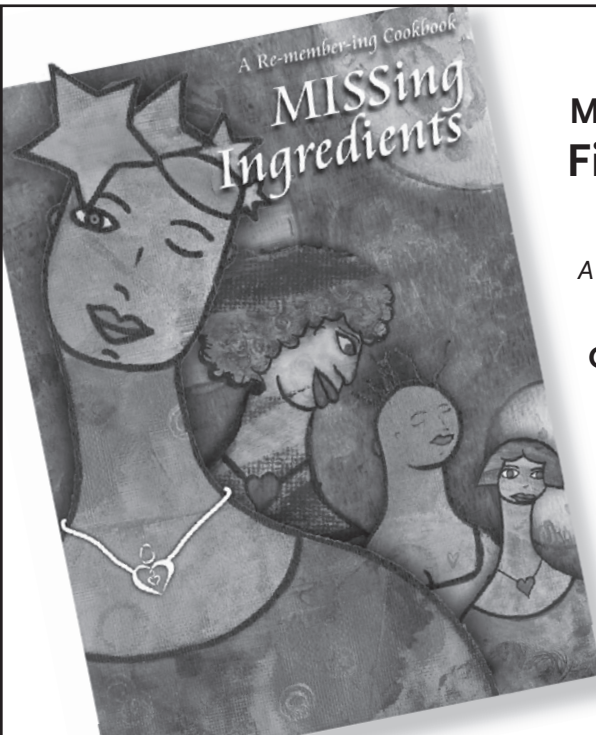


HFA brings the experts to you! Host a site or attend a site near you. *Low-cost CE credits are available for professionals.*

“It is with ease to offer this teleconference to our staff and the community. HFA's processes are excellent.”
- 2010 Site Coordinator



**For more information, call 1-800-854-3402
or visit our website at www.hospicefoundation.org**



**Announcing the
MISS Foundation's
First Cookbook**

*MISSING Ingredients:
A Re-membering Cookbook*

**Over 210 recipes &
dedications from
MISS Families**

\$15
**GET YOURS
TODAY!**



Thank you M.I.S.S Foundation.

The service and support you provide helps mend hearts, minds and souls.

We are proud to be your partner.

Brochures | Programs | Direct Mail | Annual Reports | Magazines | Pocket Folders | Mailing & Fulfillment



prismagraphic
Print Smart

2937 East Broadway Road, Phoenix, Arizona 85040
602 243-5777 · 800 379-5777 · Fax 602 268-4804
www.prismagraphic.com



FSC Supplier, ©1996 Forest Stewardship Council A.C., Cert. No. SCS-COC-001046, Responsible Forest Management. **FSC**


GOOD DESIGN IS GOOD BUSINESS



SWITCH
studio

Magazine and Publication Design
Logos and Identity Systems
Brochures and Catalogs
Sales Kits and Marketing Materials
Business System Design and Printing
Book Design | Packaging
Branding | www

WWW.SWITCHSTUDIO.COM | 480+966-2211
1835 East 6th Street #18 | Tempe, AZ 85281



"Drink your tea slowly and reverently,
as if it is the axis on which the
world earth revolves - slowly, evenly, without
rushing toward the future.

Live the actual moment.
Only this moment is life."

-Thich Nhat Hanh



M.I.S.S. Foundation



WWW.MISSFOUNDATION.ORG

P.O. Box 5333, Peoria, AZ 85385

t: 623.979.1000 | 888.455.MISS | f: 623.979.1001